








<p>Lunch Prices Lunch - \$2.50 Milk - \$0.50 Adult - \$3.50 ☺ denotes new items</p>		<p align="center">ADAMS COUNTY/OHIO VALLEY SCHOOL DISTRICT February Menu 2018-19 ELEMENTARY K-6 LUNCH MENU WORD OF THE MONTH IS "Fairness" www.ovsd.us</p>		<p>*The menu is subject to change without notice due to price and availability of food.</p>
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The last day to charge for the 2018-2019 school year will be Friday, May 10th, 2019.

<p>Alternate Entrées (served daily unless noted) * PB Sandwich w/cheese stick ** Cheese Sandwich w/cheese stick *** Pizza</p>	<p align="center">Monday February 4</p>	<p align="center">Tuesday February 5</p>	<p align="center">Wednesday February 6</p>	<p align="center">Thursday February 7</p>	<p align="center">Friday February 8</p>
		<p><i>Popcorn Chicken w/roll</i> Mashed Sweet Potatoes Steamed Green Beans Crisp Romaine Salad Pears Craisins</p>	<p><i>Cheeseburger Deluxe on bun</i> Baked Crispy Potatoes Steamed Carrots Crisp Romaine Salad Strawberries Applesauce</p>	<p><i>Cheesy Breadsticks w/marinara sauce</i> Steamed Spinach Fresh Veggies/Dip Crisp Romaine Salad Peaches Fresh Fruit</p>	<p><i>Nacho Scoops w/lettuce, tomato, cheese & salsa</i> Steamed California Blend Steamed Corn Pineapple Fruit Cocktail</p>

 Whole Grain Rich (WGR) options are in bold print and are offered daily.	<p align="center">Monday February 11</p>	<p align="center">Tuesday February 12</p>	<p align="center">Wednesday February 13</p>	<p align="center">Thursday February 14 ♥</p>	<p align="center">Friday February 15</p>
		<p><i>Chicken Sticks w/roll</i> Steamed Carrots Steamed Seasoned Cabbage Crisp Romaine Salad Pineapple Cherries</p>	<p><i>Corn Dog</i> Baked Beans Steamed Broccoli w/cheese Crisp Romaine Salad Peaches Craisins</p>	<p><i>Garlic Flatbread Pizza w/ marinara sauce</i> Steamed Mixed Vegetables Fresh Veggies/Dip Crisp Romaine Salad Applesauce Fresh Fruit</p>	<p align="center">Valentine's Day Luncheon</p> <p><i>Oven Roasted Turkey w/roll</i> Mashed Potatoes w/gravy Steamed Green Beans Crisp Romaine Salad Mandarin Oranges Pears Fresh Baked Cookie</p>

 A choice of fat-free white, fat-free chocolate and fat-free strawberry milk is offered with each meal.	<p align="center">Monday February 18</p>	<p align="center">Tuesday February 19</p>	<p align="center">Wednesday February 20</p>	<p align="center">Thursday February 21</p>	<p align="center">Friday February 22</p>
	<p align="center">No School!</p>  President's Day!	<p><i>Chicken Patty Deluxe on bun</i> Steamed Carrots Steamed Cauliflower w/cheese Crisp Romaine Salad Pears Pineapple</p>	<p><i>Pizza Burger on bun</i> Steamed Green Beans Steamed Mixed Vegetables Crisp Romaine Salad Peaches Fresh Fruit</p>	<p><i>Walking Taco w/lettuce, tomato, cheese & salsa</i> Steamed Corn Fresh Veggies/Dip Craisins Blueberries</p>	<p><i>Fish Shapes w/mini breadstick</i> Steamed Lima Beans Baked Sweet Potato Fries Crisp Romaine Salad SideKicks® Frozen Juice Fruit Cup</p>

 Our staff encourage & teach students to make healthy choices for a healthy lifestyle.	<p align="center">Monday February 25 *</p>	<p align="center">Tuesday February 26</p>	<p align="center">Wednesday February 27</p>	<p align="center">Thursday February 28</p>	<p align="center">Friday March 1</p>
		<p><i>Chicken Rings w/roll</i> Steamed Carrots Steamed Peas Crisp Romaine Salad Peaches Pineapple</p>	<p><i>Salisbury Steak w/Texas Toast</i> Homemade Macaroni & Cheese Steamed Mixed Vegetables Steamed Brussels Sprouts Crisp Romaine Salad Mandarin Oranges Applesauce</p>	<p><i>Ravioli w/Texas Toast</i> Steamed Green Beans Fresh Veggies/Dip Crisp Romaine Salad Fruit Cocktail Fresh Fruit</p>	<p><i>Soft Taco w/lettuce, tomato, cheese & salsa</i> Refried Beans Steamed Corn Pears Craisins</p>

 100% fruit juice is offered on Tuesdays as a fruit choice when available.	 Students may take ALL fruit and vegetable choices offered daily, if they choose.	<p align="center">National School Lunch Program Meal Pattern Information</p> <p>The Federal Government guidelines for the National School Lunch Program (NSLP) are as follows...students will be offered 5 meal components daily. The daily components will consist of...grains, meat/meat alternates, vegetables, fruits and fluid milk. Each student may take all 5 components or as few as 3 components to receive a reimbursable meal. If a student chooses to take only 3 components, one component MUST be a fruit or a vegetable for the meal to be a reimbursable meal. A student may take as little as 1/2 cup serving of a fruit and/or vegetable or as much as a 1 cup serving of a fruit and/or a vegetable. Students may take ALL fruit and vegetable choices offered daily, if they choose.</p>	 Students MUST take at least 3 of the 5 components offered daily, one of the 3 items taken MUST be a fruit or a vegetable .
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***Meal account balances and on-line payment options are available at MySchoolBucks.com; it's as easy as setting up an account for your student(s)!**

This institution is an equal opportunity provider