

# ADAMS COUNTY/OHIO VALLEY SCHOOL DISTRICT BREAKFAST MENU

WORD OF THE MONTH IS "Fairness"



## UNIVERSAL BREAKFAST

(Your child will have a nutritional breakfast at no cost.)

**Did you know that we serve complementary breakfasts every school day  
for all High School & Elementary students?**


*February is National Hot Breakfast Month*

**Help your child learn by encouraging them to eat a complementary school breakfast.**

**February 2011-2012**

Menus Are Subject to Change

½ Pint Milk Choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 6	February 7	February 8	February 9	February 10
Fruit <b>or</b> 100% Juice Biscuit (use 2 B/G biscuit) & Jelly	Super Donut Graham Crackers	Fruit <b>or</b> 100% Juice 3 WG French Toast Sticks w/dip	Fruit <b>or</b> 100% Juice Egg & Cheese Omelet 1 WW Toast Slice	Fruit <b>or</b> 100% Juice Tony's ® Breakfast Pizza
February 13	February 14	February 15	February 16	February 17
Oatmeal Monday Super Donut Cinnamon & Brown Sugar Oatmeal	<b>Valentine's Day</b> Fruit <b>or</b> 100% Juice Chicken Breakfast Sandwich on Mini Bun	Fruit <b>or</b> 100% Juice Cinnamon/Sugar Breadstick	Fruit <b>or</b> 100% Juice Scrambled Eggs 1 WW Toast Slice	Fruit <b>or</b> 100% Juice Biscuit (use 2B/G biscuit) & Sausage Gravy
February 20	February 21	February 22	February 23	February 24
<b>No School!</b>  <b>President's Day!</b>	Fruit <b>or</b> 100% Juice 3 WG French Toast Sticks w/dip	<b>Ash Wednesday</b> Fruit <b>or</b> 100% Juice Egg & Cheese Omelet 1 WW Toast Slice	Fruit <b>or</b> 100% Juice Sausage Breakfast Sandwich <b>on Mini Bun</b>	Super Donut Cheese Pack
February 27	February 28	February 29	March 1	March 2
Fruit <b>or</b> 100% Juice WG Pop Tart Graham Crackers	Fruit <b>or</b> 100% Juice Egg & Cheese Breakfast Sandwich <b>on Mini Bun</b>	<b>Leap Day</b> Fruit <b>or</b> 100% Juice Tony's® Cinnamon Tasterie	Fruit <b>or</b> 100% Juice Mini Corn Dogs (3)	<b>National Pancake Week</b> Fruit <b>or</b> 100% Juice WG Pancake Sausage

**Meal account balances can be checked by calling your child's school or the Child Nutrition Department.**

**Students MUST take 3 of the 4 components offered to receive free breakfast.**

**\*High School ONLY!!\***

**Every Monday, Wednesday & Friday high school students will be offered a choice of a regular breakfast menu or a Super Donut menu.**

**\*\*Alternate breakfast entrée choice of cereal and graham crackers or toast offered daily unless noted\*\***

\*\*This organization is an equal opportunity provider and employer\*\*